

Dress, Dress Coat & Apron Dress Tuolumne



TUOLUMNE („too-AHL-oh-mee“) is a river system, which flows through Yosemite. The winter snow melt of the Sierra Nevada flows through the Tuolumne River, explosively over granite waterfalls and peacefully through wild flower meadows. The gores, collar and sleeves take their shapes from the wild flowers, which cover the Tuolumne Meadows in early summer.

Tuolumne is comprised of a classically cut six-gore dress that can also be worn as a coat, and a flowing apron-style over dress. The apron dress can also be worn in warmer weather as a halter dress fastened at the neck or as a sundress. The base dress can also be sewn as separates (short-waisted jacket and skirt).

Material: Fine wale cord, velvet, velveteen, cotton percale, batiste or lightweight denim. For a special occasion dress, Tuolumne can be sewn from formal fabrics, such as taffeta or organza.

Photo illustrated step-by-step instructions and design examples may be viewed at www.farbenmix.de - Anleitungen.

Before starting, please take measurements, especially the waist measurement.

Fabric Requirements Dress / Dress Coat

Size	98/104	3T 4T	110/116	5T 5	122/128	6 6x	134/140	7 8	146/152	9 10
Unit	cm	in	cm	in	cm	in	cm	in	cm	in
Chest	75	29 1/2	77	30 1/4	81	31 3/4	85	33 1/2	93	36 1/2
Shoulder Width	6.9	2 3/4	7.3	2 3/4	7.9	3	8.5	3 1/4	9.3	3 3/4
Front Length	66.5	26 1/4	73	28 3/4	81.8	32 1/4	90.6	35 1/2	101.5	40
Sleeve Length	39	15 1/4	43	17	48	18 3/4	53	20 3/4	58	22 3/4
	cm	yd	cm	yd	cm	yd	cm	yd	cm	yd
Fabric (140 cm / 55 in)	150	1 3/4	180	2	200	2 1/4	230	2 1/2	250	2 3/4

Notions: Fusible Interfacing, 3/8 in. Elastic, Elastic Thread, Buttons (6), Sewing Thread

Material Oberkleid/Schürze

Size	98/104	3T 4T	110/116	5T 5	122/128	6 6x	134/140	7 8	146/152	9 10
Unit	cm	in	cm	in	cm	in	cm	in	cm	in
Waist	62.5	24 2/4	64.5	25 1/4	68.5	27	72.5	28 1/2	80.5	31 3/4
Front Length	65.7	25 3/4	70	27 2/4	78.8	31	87.6	34 1/2	98.6	38 3/4
	cm	yd	cm	yd	cm	yd	cm	yd	cm	yd
Fabric (140 cm / 55 in)	120	1 1/4	130	1 1/2	160	1 3/4	180	2	200	2 1/4

Notions: Fusible Interfacing, Elastic, Buttons (2), Sewing Thread

Dress / Dress Coat Tuolumne

Before starting, please read through the instructions. The dress is classically styled with six-plus-one gores; six-plus-one, as the front is double-breasted. The sequence of steps is just one method for constructing Tuolumne; Each seamstress is encouraged to use her own preferred method for constructing the dress.

Piece List Dress / Dress Coat

Front bodice (1) cut 2
 Front bodice facing (1) cut 2
 Gore (wide) (7) cut 3

Dress, Dress Coat & Apron Dress Tuolumne

Front gore facing (7)	cut 2
Bodice side piece (3)	cut 4
Side gores (9)	cut 4
Back bodice middle (2)	cut 1 on fold
Sleeve (4)	cut 2
Collar (5)	cut 2 on fold
Collar facing (6)	cut 1 on fold

Fusible interfacing:

Bodice front (1)	cut 2
Collar (5)	cut 2 on fold
Collar facing (6)	cut 1 on fold

Cutting the Layout

Fold the fabric along the midline and pin the pattern pieces according to the grain. Cut the pieces with the grain.

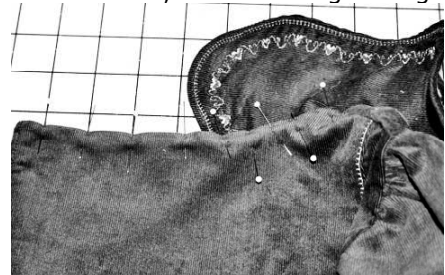
Sewing the Dress / Dress Coat

1. Lay all the in order pieces out.
2. Iron fusible interfacing to the back of the two front bodice pieces (Pieces 1).
3. Stitch the two middle front bodice piece to the lower front gores (Piece 1 to Piece 7). Finish the seam with zigzag stitch or a four-thread overedge stitch, however, do not topstitch (the waistline will be topstitched all in one line in a latter step).
4. Stitch the two bodice lining pieces to the front gore lining pieces (Piece 1 to Piece 7 of the lining material). Finish the seam.
5. Stitch the two front pieces to the lining pieces along the shorter side (the outer edge). Turn right sides, press the seam and topstitch.
6. Stitch the upper side bodice pieces to the side gores (Pieces 3 to Pieces 9). Finish the seams.
7. Stitch the back bodice piece to the lower gore (Piece 2 to the remaining Piece 7). You now have seven long dress pieces.
 - ☛ Design Tip: For a more form-fitting look, you may shirr the back bodice and/or side bodice pieces above the waistline with elastic. Depending on the weight of the material, you may either shirr the material by stitching taunt elastic to the material with a zigzag stitch or by spooling elastic thread onto the bobbin and stitching across the material with a straight stitch.
8. Stitch the front side pieces to the front middle pieces. Finish the vertical seams, press and topstitch.
 - ☛ Design Tip: You may choose to insert the two halves of a sash into the seams between the left and right front middle pieces and the left and right front side pieces. The sash will then tie in the back.
9. Stitch the left and right side back pieces to the middle back piece.
 - ☛ Design Tip: You may want to insert several small loops of ribbon into these seams through which you will lace a ribbon as a finishing touch.
10. You will now have three dress pieces. Stitch the two front halves to the dress back at the shoulders. Finish the shoulder seams, however, do not topstitch these seams (topstitching these seams will occur in latter step, when the topstitching will secure the collar facing).
11. Stitch elastic gathers onto the sleeves (Pieces 4) at the markings. For a dress coat, place the elastic gathers only where marked at the center of the sleeve. For a dress, have the elastic gathers go across the entire width of the sleeve.
12. Stitch a gathering stitch along the top of the sleeve, however, do not yet gather.
13. Pin the corners of the sleeve to the corners of the armholes on the dress and at the shoulder seam. Pull the gathering thread such that the top of the sleeve fits the arm hole on the dress and pin.



Dress, Dress Coat & Apron Dress Tuolumne

14. Stitch the sleeve to the dress and finish the seam. Repeat for the other sleeve.
15. Stitch the side seam and the sleeve seam in one continuous motion. Finish the seam, press and topstitch. Repeat for the other side.
16. Hem the sleeves.
17. Press the seam allowances along the waistline upward and topstitch around the waistline.
18. Make and attach the collar:
 - First, press the upper edges of the middle front bodice pieces and middle front bodice lining pieces inward. Secure with a few pins.
 - Iron fusible interfacing to the top piece of the two collar pieces.
 - Stitch the two collar pieces along the outer edge right sides together.
 - Trim the seam allowance for a smooth turn. Turn the collar, press and topstitch.
 - Iron fusible interfacing to the back of the collar facing piece. Finish the bottom edge of the collar facing with a small hem or with four-thread overedge stitch.
 - Center the collar on the dress and secure the collar to the back of the dress between the shoulder seams with a few pins. Place the collar lining on top and pin the collar facing to the edge of the collar right sides together.
 - Pin the left and right corners and left and right inside edges of the collar **between** the bodice front and lining pieces.
 - Stitch the collar to the dress in three steps:
 - i. Begin on the right front side. Stitch the upper edges of the bodice piece and lining piece together. Continuing stitching to the shoulder seam, thus securing the right side of the collar in the seam.
 - ii. Stitch the collar facing and collar back to the dress.
 - iii. Stitch the left front upper edges of the bodice piece and bodice lining together. Continue stitching toward the shoulder seam, thus securing the left side of the collar.
 - Turn the collar.
 - Place the ends of the collar facing under the seam allowances at the shoulder seams. Topstitch the shoulder seams, thus securing the collar facing.
 - Topstitch underneath the collar between the shoulder seams, further securing the collar facing.
19. Mark and stitch the button holes. Sew the buttons under the button holes.
20. Hem the dress.



Dress, Dress Coat & Apron Dress Tuolumne



Over Dress / Apron Dress Tuolumne

The over dress can also be worn without the under dress in warmer weather as a sundress. To save fabric or for a dress with less twirl, the over dress can be sewn without the godets.

Piece List Apron Dress

Front middle piece (10)	cut 1 on fold
Front side piece (11)	cut 2
Gore back (12)	cut 4 on fold
Godet (13)	cut 7
Straps (14)	cut 2
Casing for elastic (waist)	cut 1
Bodice facing (15)	cut 1 on fold

Sewing the Apron Dress / Over Dress Tuolumne

1. Cut all the pieces with the grain and lay the pieces out in order. Please note, the casing for the elastic is not included on the pattern sheet. This will be explained in a latter step.
2. Stitch godets (Piece 13) to the left and right sides of the middle front dress piece (Piece 10). Finish, press and topstitch the seams.
3. Stitch the front left side piece (Piece 11 left) to the front middle piece. Begin at the top and stitch down, meeting the godet and stitching to the hem. Finish, press and topstitch the seam. Repeat for the right front side piece (Piece 11 right).
4. Stitch a godet to each of the left and right front side pieces. Finish, press and topstitch seams. At this point, the dress will have this sequence of pieces: 13 - 11 - 13 - 10 - 13 - 11- 13.
5. Make the straps: Fold the strap pieces in half right sides together. Stitch lengthwise, trim the seam allowance and turn. Tuck in one end of the strap inside for a finished strap end. Press the strap and topstitch 1/16 in. from each edge.
6. Strengthen the upper part of the front bodice with fusible interfacing.
7. Pin the straps to the bodice at the front vertical seams. (The straps may also be secured in the bodice sides and buttoned or clipped to the front, as desired).
8. Hem the bottom edge of the bodice lining.
9. Pin the bodice lining to the upper edge of the bodice front, right sides together. Stitch along the top edge of the bodice, thus securing the straps in this seam.
10. Trim the seam allowance for a smooth turn. Turn the bodice, press and topstitch. The front half of the dress is complete. Put this part of the dress aside until the back half of the dress is sewn.
11. Stitch the back four gores (Pieces 12) and three godets (Pieces 13) together. Finish the seams, press and topstitch each. This part of the dress will have this sequence of pieces: 12 - 13 -12 -13 -12 - 13 -12
12. Measure the width of of the top edge of this back piece and cut a waistband piece to this length and approx. 4 in. in width.
13. Press the back waistband piece in half lengthwise and topstitch a line approx. 1/16 in. from the top edge.

Dress, Dress Coat & Apron Dress Tuolumne

14. Beneath this line, stitch a casing (channel) to fit your elastic.
15. Stitch the back waistband piece to the back of the dress. Finish the seam, press and topstitch.
16. Insert the elastic into the casing and cinch to the desired tauntness.
17. Stitch the ends of the casing to the elastic securely. Trim the excess elastic. Now the back of the dress is complete.
18. Place and pin the waistband ends between the bodice front and the bodice lining.
19. Stitch the front of the dress to the back of the dress along the side seams. Finish the side seams with a zigzag or four-thread overedge stitch. Press and topstitch the side seams, thus also securing the ends of the waistband under the bodice lining.
20. Mark and stitch the button holes. Stitch on the buttons under the button holes.
21. Hem the dress.

I wish you much joy and success with your sewing project!

- Nancy Langdon

Design & Cover Art: Nancy Langdon * Mother of Invention Inc. • Redondo Beach, CA • USA
eMail: nancy_cest_moi@yahoo.com
Pattern Drafting, Grading: Anja Müssig • Instructions: Nancy Langdon
Distribution Europe: Farbenmix • www.farbenmix.de