

YOLA Gathered Halter Dress



The Yola Dress can be made as a Shirt Dress or as a Summer inspired Halter Dress. The Yola has a versatile look – with or without ruffles, one or more colors, with simple or detailed embellishments, with a shorter hem as a Tunika or as a pinafore.

The Yola Dress shirt can be sewn together easily and quickly and is ideal for beginning sewers.

A detailed and illustrated instructional as well as a photo gallery can be found on our homepage at www.farbenmix.de – Anleitungen/Instructions.

Supplies:

Material / Sizes	86/92 1 / 2	98/104 3 / 4	110/116 5 / 6	122/128 7 / 8	134/140 9 / 10	146/152 11 / 12	158/164 13 / 14
Shirt Dress							
Chest	58 cm 22.8"	60 cm 23.6"	62 cm 24.4"	66 cm 26"	70 cm 27.6"	78 cm 30.7"	86 cm 33.9"
Shoulder Width	5,4 cm 2.1"	5,8 cm 2.3"	6,2 cm 2.4"	6,8 cm 2.7"	7,3 cm 2.9"	8,1 cm 3.2"	8,9 cm 3.5"
Front Length	58 cm 22.8"	64,5 cm 25.4"	71 cm 28"	80 cm 31.5"	88,5 cm 34.8"	99,5 cm 39.2"	110,5 cm 43.5"
Short Sleeve	15 cm 5.9"	16 cm 6.3"	17 cm 6.7"	18 cm 7.1"	19 cm 7.5"	20 cm 7.9"	21 cm 8.3"
Long Sleeve	26 cm 10.2"	30 cm 11.8"	34 cm 13.4"	39 cm 15.4"	44 cm 17.3"	49 cm 19.3"	54 cm 21.3"
Fabric (140 cm – 55.1" Wide)	90 cm 35.4"	110 cm 43.3"	130 cm 51.2"	150 cm 59.1"	170 cm 66.9"	190 cm 74.8"	210 cm 82.7"
Halter Dress							
Chest	56 cm 22"	58 cm 22.8"	60 cm 23.6"	64 cm 25.2"	68 cm 26.8"	76 cm 29.9"	84 cm 33.1"
Front Length	53 cm 20.9"	59,5 cm 23.4"	66 cm 26"	75 cm 29.5"	83,5 cm 32.9"	94,5 cm 37.2"	105,5 cm 41.5"
Fabric (140 cm – 55.1" Wide)	95 cm 37.4"	110 cm 43.3"	125 cm 49.2"	140 cm 55.1"	155 cm 61"	170 cm 66.9"	185 cm 72.8"
Elastic Band 0.7 cm (3/8") Wide	100 cm 39.4"	160 cm 63"	220 cm 86.6"	290 cm 114.2"	360 cm 141.7"	450 cm 177.2"	550 cm 216.5"
Notions	Seam binding (for Shirt Dress), Halter ties (for Halter Dress), Thread						

Cutting the Pattern

Cut pattern pieces out, parallel to the grain, as listed in the Pattern Pieces list below. Mark fabric as indicated. Seam allowance is added, unless indicated otherwise.

YOLA Gathered Halter Dress

Pattern Pieces for Shirt Dress

- 1 – Front piece
- 2 – Back piece
- 3 – Arm piece

1 x on Fold
1 x on Fold
2 x

Neck opening Collar – Rectangle (seam allowance added) 1x

Size:

- 1 / 2 : 1.6" x 15.9"
- 3 / 4 : 1.6" x 16.1"
- 5 / 6 : 1.6" x 16.5"
- 7 / 8 : 1.6" x 17.1"
- 9 / 10 : 1.6" x 17.7"
- 11 / 12 : 1.6" x 18.5"
- 13 / 14 : 1.6" x 19.3"

Skirt piece – Rectangle (seam allowance added) 1x

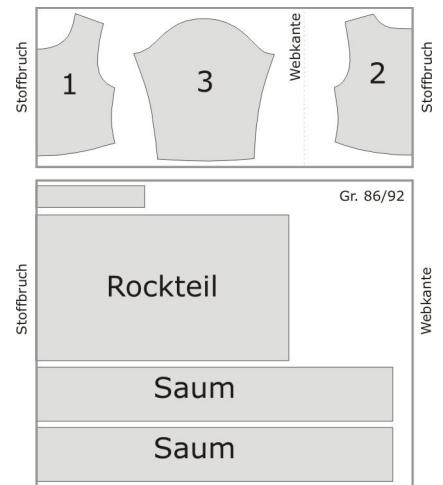
Size:

- 1 / 2 : 10.6" x 37"
- 3 / 4 : 11.6" x 38.2"
- 5 / 6 : 12.6" x 39.4"
- 7 / 8 : 14.6" x 41.7"
- 9 / 10 : 16.3" x 44.1"
- 11 / 12 : 18.7" x 47.2"
- 13 / 14 : 21.1" x 50.4"

Hem Ruffle – Rectangle (seam allowance added) 2 x

Size:

- 1 / 2 : 3.9" x 52"
- 3 / 4 : 3.9" x 52.6"
- 5 / 6 : 3.9" x 53.1"
- 7 / 8 : 3.9" x 54.3"
- 9 / 10 : 3.9" x 55.5"
- 11 / 12 : 3.9" x 57.1"
- 13 / 14 : 3.9" x 58.7"



YOLA Gathered Halter Dress

Pattern Pieces for Halter Dress

5 – Front Piece	2 x on Fold
6 – Middle, Back Piece	2 x on Fold
7 – Side, Back Piece	4 x
4 – Casing for side gather	1 x

Halter ties – Rectangle (seam allowance included) 2x

Size:

- 1 / 2 : 2" x 181"
- 3 / 4 : 2" x 18.9"
- 5 / 6 : 2" x 19.7"
- 7 / 8 : 2" x 20.5"
- 9 / 10 : 2" x 21.8"
- 11 / 12 : 2" x 22"
- 13 / 14 : 2" x 22.8"

Skirt piece – Rectangle (seam allowance added) 1x

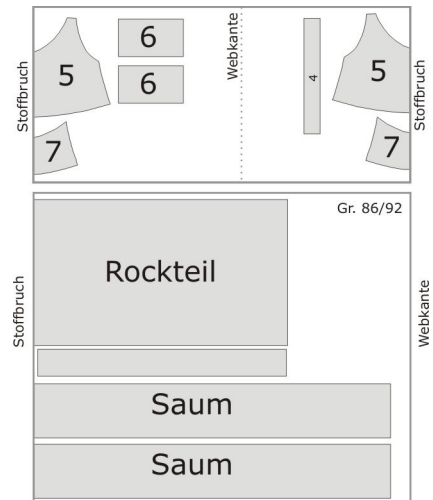
Size:

- 1 / 2 : 10.6" x 37"
- 3 / 4 : 11.6" x 38.2"
- 5 / 6 : 12.6" x 39.4"
- 7 / 8 : 14.6" x 41.7"
- 9 / 10 : 16.3" x 44.1"
- 11 / 12 : 18.7" x 47.2"
- 13 / 14 : 21.1" x 50.4"

Ruffle Hem – Rectangle (seam allowance added) 2 x

Size:

- 1 / 2 : 3.9" x 52"
- 3 / 4 : 3.9" x 52.6"
- 5 / 6 : 3.9" x 53.1"
- 7 / 8 : 3.9" x 54.3"
- 9 / 10 : 3.9" x 55.5"
- 11 / 12 : 3.9" x 57.1"
- 13 / 14 : 3.9" x 58.7"



YOLA Gathered Halter Dress

Sewing

Shirt Dress

1. Lay front piece (1.) and back piece (2.) right sides together. Sew one of the shoulder seams together, serge edges.
2. Fold collar piece lengthwise in half, pull to add tension, and sew to neckline of the shirt. Fold seam allowance in and around the other side, and with a flexible stitch, sew onto the neckline.
3. Sew the other shoulder together and clean stitch, then fold the seam allowance towards the front piece and serge.
4. Pin sleeve to the shoulder seam at marking. Do the same to the other sleeve also. On each side of the shoulder, add 2 folds each measuring ¼" deep and secure with stick-pins. Pin the rest of the sleeve also. Stitch sleeve on and finish edges.
5. Stitch a small hem on the bottom of ruffle. Gather the edge top of the ruffle. To do so, choose a long stitch and turn the thread tension down a bit. Sew 2 parallel stitches around the seam allowance of the pants. Do not secure the thread to the fabric and allow the ends to hang freely. Begin pulling on the threads to gather until you've reached the desired size. Secure ends of gathering thread by knotting and pin unhemmed edge of ruffle to end of dress. Increase thread tension again. Begin stitching the ruffle to the dress in between both gathering threads. Remove the bottom gathering thread and finish the stitch. Fold seam allowance towards the dress and edge stitch.
6. Begin gathering the top edge of the skirt piece in the same way as step 5.
7. Iron a hem to the bottom part of the shirt.
8. Lay skirt and shirt pieces right sides together and adjust gathered skirt to shirt hem size and begin stitching together.
9. Sew sleeve and side seam closed in one stitch and serge edges.

Halter Dress

1. For the outer part of the bodice, lay side back piece (7.) and middle back piece (6.) right sides together and sew together, serge edges.
2. Take this piece and lay right sides together with the front piece (5.) and sew at seam, serge edges.
3. For the lining of the bodice, follow steps 1 & 2.
4. To sew the ties, fold in the middle lengthwise and iron. Then fold sides in towards the middle and iron again. Edge stitch both edges lengthwise.
5. The top, front edge of the bodice strengthen with fusible web.
6. Pin the ties to the bodice so they point downward.
7. Lay the right sides of lining and outer bodice together. Stitch the armholes, front neckline and back neckline together in one stitch. Make sure that the seam allowance of the middle back piece is directed toward the outer side!
8. Trim the seam allowance close to the seam stitch and trim tips off the corners. At the nape of the neckline, cut a small triangle out of the seam.
9. Turn the bodice right side out and begin edge stitching around the top edge of the bodice.
10. Pin the seams of the back of lining and outer bodice fabric together.
11. Begin working on the casings for the elastic bands for the middle back. By beginning at the stitch on the upper edge of the middle back, draw parallel lines, 5/8" in width, with chalk or washable fabric marker. (The number of casings depends on the size of the garment. Suggestions for sizes: 1 / 2 – 3 casings, 3 / 4 – 5 casings, 5 / 6 – 7 casings, 7 / 8 – 9 casings, 9 / 10 – 11 casings, 11 / 12 – 13 casings, 13 / 14 – 15 casings.) To soften the transition from the bodice to the skirt piece, the very bottom of the middle back below the casings will remain ungathered.
12. Stitch the lines for the casings. Make sure to stitch over the vertical seams of the middle back about 1 to 2 mm.
13. Cut the elastic bands about 2 3/8" longer than the casings. When pulling the elastic bands through the casings, make sure that about 7/8" of the ends of elastic bands are sticking out and secure on one side only, pinning the other to the garment. Stitch the elastic bands close to the seams with 2

YOLA Gathered Halter Dress

small stitch lines. For the perfect fit, carefully pull the inside out bodice over the child's head and regulate the length of the elastic bands by pulling them to the desired size. Pin ends to garment and remove from child. Stitch the elastic bands close to the seam with 2 small stitch lines. Cut excess elastic band off close to the stitches.

14. Stitch the bottom edge of the bodice with an edge stitch.
15. Sew the side seams of the skirt piece together. Gather the top of the skirt piece. To do so, choose a long stitch and turn the thread tension down a bit. Sew 2 parallel stitches around the seam allowance of the pants. Do not secure the thread to the fabric and allow the ends to hang freely. Begin pulling on the threads to gather until you've reached the desired size. Secure ends of gathering thread by pinning them to the skirt and then pin the skirt to the hem of the bodice. Increase thread tension again. Begin stitching the skirt to the bodice in between both gathering threads. Remove the bottom gathering thread and finish the stitch. Fold seam allowance towards the dress and edge stitch.
16. Lay the hem ruffles, right sides together and sew the side seams then serge. Stitch a small hem on the bottom of ruffle and gather the top edge of the ruffle. Lay gathered edge to skirt hem, right sides together, and stitch together. Finish the stitch with a clean stitch. Fold the seam allowance towards the skirt and from the right side of the skirt, edge stitch to dress.
17. Hem the shorter sides of the side casings (7). Center the side casing over the side seam, fold long sides inward and edge stitch. Pull ribbon through and gather, tie both ends to a bow.

Have fun and good luck sewing your project!

Design:	Sabine Pollehn
Pattern:	Anja Müssig
Instruction:	Katalina Grohman
Translation:	Eliza Yilmaz
Cover Art:	Gaby Siewertsen